



## Learning-to-learn strategies as a basis for effective lifelong learning

Learning-to-learn skills are essential for effective lifelong learning to develop over the entire lifespan. These skills, which consist of cognitive learning strategies, largely have been neglected in analyses of issues surrounding lifelong learning and in policy development. Since mastery of cognitive skills is not likely to be fully achieved by the end of secondary schooling, with metacognitive skills in particular only likely to reach fuller development through work experience, there are important implications for educators at further and/or higher education levels.

Engaging learners in active learning is a predominant theme in today's classrooms. To promote active learning, teachers across the disciplines and in all kinds of colleges are incorporating collaborative learning into their teaching.



By synthesizing the relevant research and good practice in the different partner countries, the authors of the Compilation of Training programs present detailed procedures for different collaborative learning techniques and offer practical suggestions on a wide range of topics, including how to form groups, assign roles, build team spirit, solve problems, and evaluate and grade student and young people participation.

Training material focus on teacher and trainer competence development to design effective learning curriculum using digital or paper based learning resources and to plan effective learning processes and their recognition in formal learning and by employer organizations. Training material include theoretical references and presentations, as well as practical task for trainees. It based on concrete skill and competence definition and practical tasks are based on group work and trainee collaboration in order to foster teacher and trainer effective collaboration approach and matching active learning with formal learning and employer organizations requirements and settings.

### EFFECTIVE LEARNING

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